

Upton Magna Meander 2ND May 2020– Registration form

Full Name: _____

Contact No: _____ e-mail: _____

Emergency Contact No: _____

Address: _____

Event: Walker: ☐ Runner: ☐ Cyclist: ☐ (£15)

Family Walk: ☐ 2 adults & up to 2 children under 12. (£30)

Special diet:

Payment method:

on-line: ☐ sort code: 16 31 21 acc. No. 10205372 ref: meander

Cheque: ☐ made payable to **Upton Magna PCC St Lucia's Church**

Please e-mail this form to eileenrobin@btinternet.com or Return to Eileen Greenaway Cruck Cottage, Upton Magna Shrewsbury SY4 4TZ.

You will receive confirmation and an entry number via e-mail or post upon receipt of registration fee.

Registration times:

Walker: 8.00 - 8.45 am. Runner/cyclist 9.00 – 10.00am Family 9.30 - 10.00am

Breakfast Baps/ tea & coffee served from 8.00 -10.00 am @ £4.

Buffet Lunch available from 12.00 noon – 3.00pm included in the price.

The hall will not be manned after 3.30pm

Registrations must be received by 28.04.2020 no registrations on the day.

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Rules

- All entrants must bring their registration number & sign in at the registration desk in Upton Magna Memorial Hall. You will be given details and directions for the walk or cycle ride (They are secret until the day).
- Registration times **Walker** 8.00 -8.45am: **Runner/cyclist** 9.00-10.00am: **Family walkers** 9.30 -10.00am.
- All entrants to report to Memorial hall upon return.
- Anyone wishing to retire from the event part way through must contact the organising committee on a number which will be provided on the day, and report back to the Memorial Hall.
- Young people under 18 must be accompanied by a parent or guardian.
- Dogs are only permitted on the **Family Walk** and **must remain on a lead**. Be aware that the walk will cross fields where animals are grazing; some animals may have their young with them and can become unpredictable when dogs are present.
- Suggested equipment: appropriate foot wear and clothing, first aid kit, sun cream, compass, whistle, mobile phone, water and any light refreshment you may require en- route and OS Explorer Map 241
- The closing date for entries is Tuesday 28th April. No entries will be accepted without registration fee. No entries on the day of the event.
- The organisers have the right to withdraw entrants or to stop the event at any time should they see fit.
- A buffet lunch, tea, coffee, squash will be available from 12.00 noon until 3.00pm. (included in the registration fee). Breakfast baps, tea, coffee, squash will be available at time of registration 8.00 -10.00am. @ £4.
- The hall will not be manned after 3.30pm